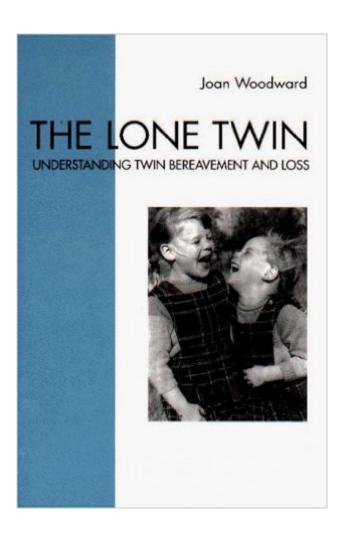
The book was found

The Lone Twin: Understanding Twin Bereavement And Loss





Synopsis

This text takes the reader through the closeness of being a twin, including its negative aspects and their need to be different to one another. But what happens when twins are separated, especially by death? The text examines death and bereavement of twins, including the parental attitudes to the surviving twin, the surviving twin's guilt, coping, bereavement in childhood and adulthood. The book also covers the psychological effects in later life for children who lost their twin at birth. Throughout, the book is illustrated by the words of lone twins themselves.

Book Information

Paperback: 240 pages

Publisher: Free Association Books (June 19, 1998)

Language: English

ISBN-10: 1853433748

ISBN-13: 978-1853433740

Product Dimensions: 0.5 x 6 x 9 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 5.0 out of 5 stars Â See all reviews (5 customer reviews)

Best Sellers Rank: #1,508,833 in Books (See Top 100 in Books) #75 in Books > Parenting &

Relationships > Family Relationships > Twins & Multiples #438 in Books > Parenting &

Relationships > Family Relationships > Siblings #2548 in Books > Self-Help > Death & Grief >

Grief & Bereavement

Customer Reviews

Not knowing any other twins, I used to think it was odd for me to feel grief for a twin who died at only 1 day old. This book changed my mind and made me realize I was not alone. There are chapters devoted to 1.) Twin loss at the time of birth, 2.) Twin loss in childhood, and 3.) Twin loss in adulthood, with first-person accounts of bereaved twins. This is the only book of its kind I've ever seen, and I recommend it to lone twins in helping to deal with the loss of their twin.

I read this book almost 7 years after my twin brother passed away in a high school football accident and I wish someone would have showed me this book sooner. It was amazing to see that people were feeling exactly how I was feeling just after losing a twin and many years after. It made me understand why I might feel the way I do and why sometime I could have everything in the world and still feel alone in my heart. I think it is a must read for twins that have lost their other half.

As a lone twin for 50 years, I nonetheless felt comforted and very able to relate to several things that I had thought only related to me and my experience. The need to make sure that one's parents know that you are doing well appears common as is the repetition of the fear of loss later in life. My twin died in a car crash our freshman year in college and when my daughter left home to go to college, I was nearly paralyzed with the fear that I would never see her again. I wish that this book had been available to me earlier.

Having lost my twin sister at 31 years old on Nov. 13, 2015, this book has helped me in so many ways. Losing your other half is something most people have never been through, therefore there aren't many people to talk to who really understand that bond. This book is my saving grace for the harder days of grieving. I encourage all twinless twins to purchase this book.

Very enlightening. A must read for anyone who has a twin in their lives who has lost their "other half".

Download to continue reading...

The Lone Twin: Understanding Twin Bereavement and Loss The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Grief: Overcome The Loss of A Friend or Family Member - Death, Bereavement, Family Loss & Depression (Mourning, Pain Relief, Loss, Emotional Pain, Funeral, Sympathy, Hospice Care Book 1) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) Hair Loss and the Big Pharma - The Ultimate Guide on Avoiding Frauds, Disinformation and Bad Medicine (Hair Loss Cure, Hair Loss Nutrition, Hair Loss Solutions, Hair Loss Alopecia, Alopecia Areata) Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss

For Men, Hair Regrowth, Self Help) Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) Twin to Twin Twin Flames: The Soul Journey Back to Oneness (Twin Flames, Soulmate, reincarnation, love yourself) Understanding Dying, Death, and Bereavement My Cat Has Died: What Do I Do?: Making Decisions and Healing The Trauma of Pet Loss (The Pet Bereavement Series Book 4) My Dog Has Died: What Do I Do?: Making Decisions and Healing The Trauma of Pet Loss (The Pet Bereavement Series Book 2) The Other Side of Sadness: What the New Science of Bereavement Tells Us About Life After Loss Understanding Bergson, Understanding Modernism (Understanding Philosophy, Understanding Modernism) The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Sollutions) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) When Professionals Weep: Emotional and Countertransference Responses in End-of-Life Care (Series in Death, Dying, and Bereavement)

<u>Dmca</u>